**Quiz 1: Introduction to Youth Development**

1. K-State Research and Extension as a part of Kansas State University, administers the 4-H program in cooperation with the local Extension governing board.

A. True   
B. False

2. The H's of 4-H are:

A. Hands and Heart   
B. Head, Hands, Heart, and Health   
C. Health and Heart D. Head, Hands, and Heart

3. Compared to their peers, the 4-H Study of Positive Youth Development, shows that 4-H youth are more likely to:

A. Be civically active   
B. Make healthier choices   
C. Participate in Science, Engineering and Technology   
D. All of the above

4. One principle of positive youth development is based on the benefit of a positive, sustained relationship of the young person with a caring adult

A. True   
B. False

5. 4-H designs successful youth development programs around the Essential Elements. Which list below includes all the essential elements?

A. Belonging, Generosity, and Independence   
B. Belonging, Mastery, Independence and Generosity   
C. Belonging and Mastery   
D. Belonging and Independence

**Quiz 2: Creating Age Appropriate 4-H Learning Experiences**

1. Understanding developmental characteristics of youth helps in planning learning activities that are age appropriate.   
  
A. True   
B. False  
  
  
2. The characteristics below describe which age group?

Developing small motor skills, physical growth is slow and steady, focus on cooperation, not competition

A. 7 & 8 year olds   
B. 9, 10, & 11 year olds   
C. 12, 13, & 14 year olds   
D. 15, 16, 17, & 18 year olds

3. The characteristics below describe which age group?

Variety of physical development – girls maturing faster than boys, moving from concrete to more abstract thinking

A. 7 & 8 year olds   
B. 9, 10, & 11 year olds   
C. 12, 13, & 14 year olds   
D. 15, 16, 17, & 18 year olds

4. To create a the best learning environment for this age group allow for many brief learning experiences and give short, simple directions and help youth identify their own successes by comparing present and past performances. Which age group is it?

A. 7 & 8 year olds   
B. 9, 10, & 11 year olds   
C. 12, 13, & 14 year olds   
D. 15, 16, 17, & 18 year olds

5. The characteristics below describe which age group? Looking at their future, developing into self-directing learners, need more challenging leadership roles.

A. 7 & 8 year olds   
B. 9, 10, & 11 year olds   
C. 12, 13, & 14 year olds   
D. 15, 16, 17, & 18 year olds

**Quiz 3: Experiential Learning – Learning By Doing**

1. In 4-H, we teach by using the Experiential Learning Model, which is "learn by doing".   
  
A. True   
B. False

2. The model focuses on three steps in this order:   
  
A. Do, Reflect, Apply   
B. Reflect, Do, Apply   
C. Apply, Do, Reflect   
D. Do, Apply, Reflect.

3. In this step, youth do an activity and share about the experience.   
  
A. Do   
B. Reflect   
C. Apply   
D. All of the above

4. In this step, youth begin to see how they can use what they learned.   
  
A. Do   
B. Reflect   
C. Apply   
D. All of the above

5. In this step, youth find the meaning in and the value of the experience.   
  
A. Do   
B. Reflect   
C. Apply   
D. All of the above

**Quiz 4: Creating a Safe, Positive Learning Environment**

1. 4-H has an obligation to ensure the safety of its participants.   
  
A. True   
B. False

2. Risk management as defined in this section of the Volunteer Orientation includes:   
  
A. Planning for safety   
B. Planning for emergencies   
C. Thinking ahead   
D. All of the above

3. Risk management strategies for creating a safe learning environment are dependent upon what two variables?

A. Supply and Demand

B. Cost and Severity

C. Frequency and Severity

D. Frequency and Cost

4. All 4-H members should have a completed Kansas 4-H Participation Form on file at the local Extension Office and club.   
  
A. True   
B. False

5. Financial accountability for 4-H funds includes which of the following concepts?   
  
A. Money must go into a 4-H account   
B. Clubs/groups must complete a financial report to the extension council annually   
C. Clubs/groups must apply for their own EN number   
D. All of the above