Guidelines or Ground Rules for Producing a Climate of Trust

1. Accept Others.

If we are accepting of each other, we will feel safe in being honest with each other.

2. Speak for Yourself.

We cannot accurately speak for anyone other than ourselves. No one else can accurately speak for us.

- *3. Avoid Put-Downs.* Our goal is to support – not criticize – either seriously or in fun.
- 4. Share Your Experiences.

We all have different experiences that we can share. If you're not familiar with the 4-H Youth Development program, that's ok. We want you to share experiences you've had with other youth development organizations or from the classroom.

- *5. Ask Questions.* Please ask questions. Others may have the same questions that you do.
- 6. It's Okay to Pass.

We will agree to let each person determine the degree to which they can respond – without judging.

- You Are Responsible.
 It will be up to you to determine how much you will be involved and how much you will gain from this experience.
- Expect Unfinished Business.
 Learning and growth are never completed. We are constantly developing skills and uncovering ideas.

Other ground rules and procedures may be added by group members. Remember that it is not necessary for everyone to become best friends. Trust, respect and accountability are the foundations for successful cooperation in the public arena.



Adapted by Diane Mack Extension Specialist, 4-H Youth Development, NE Area LEADS Curriculum Notebook Unit III-Module 1 – pg. 9

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